Our Team

Emma Westers - Podiatrist
Emma is the practice owner and is registered with both the Health Care Professionals Council and The Society of Chiropodists and Podiatrists.

Ann Westers - Practice Manager
Ann runs Reception, makes appointments and runs the practice. She will be the first person you speak to you when you make your appointment.

Centre 4 Feet

1 Ray Lane
Blindley Heath
Lingfield
Surrey
RH7 6LH

Easy parking and disabled facilities are available.

Tel: 01342 834454
Website: www.centre4feet.co.uk

Opening Hours

Monday, Thursday and Friday: 8.30am - 1.30pm
Tuesday: 8.30am - 6.30pm
Alternate Saturdays: 8.30am - 1.00pm

Appointments

☎ 01342 834454

High quality chiropody and podiatry treatment in a professional and friendly atmosphere

The SOCIETY of CHIROPODISTS & PODIATRISTS

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Fungal nail treatment
Clearnail is an innovative, brand new concept which has been developed using the latest technological advances. The Clearnail probe makes micro pathways through the nail plate without penetrating the nail bed which allows topical treatments to target the fungal infection.

Verrucae
We offer a wide range of verrucae treatments including cryotherapy (freezing) and the pioneering new microwave energy therapy “Swift”.

Treatments available:
- Routine chiropody
- Nail surgery
- Fungal nail and skin infections
- Diabetic foot care
- Thickened nails
- Management of the arthritic foot
- Heel pain
- Childhood foot complaints
- Biomechanics and orthotics
- Verrucae
- The elderly foot
- Warm wax therapy treatment

Nail surgery
Performed under local anaesthetic for ingrowing or involuted toenails.

The Diabetic Foot
As well as offering diabetic patients regular chiropody treatment we also offer yearly diabetic foot assessments, testing both vascular and neurological supply to your feet. Advice can be given on suitable footwear and how to look after your feet daily.

Biomechanics
Using 3D pressure plate technology and a full biomechanical assessment to prescribe a wide range of orthoses for all types of footwear and sporting activities.

We also sell a range of products including:
- Dr’s Remedy Enriched Nail Care
- CCS foot care creams
- Hyperion foot and shoe sprays
- Non custom made insoles
- Gift Vouchers for Podiatry treatment

Our Philosophy
At Centre4Feet we aim to look after all your podiatry needs. Podiatrists diagnose and treat foot disorders, deformities and provide general foot care advice for all age groups.

We are trained to assess problems including those associated with diabetes and arthritis, related to gait or structural abnormalities or caused by badly fitting footwear.

Emma first set up The Stables Podiatry Clinic in 1998. In 2005 Emma relocated to her new propose built clinic in Blindley Heath which has disabled access and easy parking. Centre4Feet is surrounded by open countryside and opposite Blindley Heath Cricket Club of which we are proud sponsors.